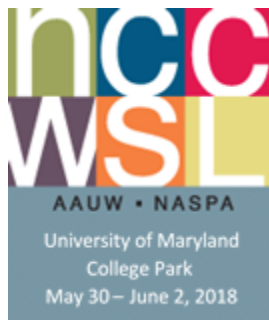


Northwoods News

February, 2018



**National Conference
for College Women
Student Leaders
(NCCWSL, pronounced
"nick-whistle")**

**2018 NCCWSL Scholar
Selected by AAUW Ely**

NORTHWOODS NEWS: February, 2018

For a .pdf or paper copy of this newsletter, please contact tkswagen@gmail.com.

Message from Branch President, Pam Brunfelt

The Herbergers fundraiser was a spectacular success in the fall, but our work is not yet done. Marge Forsberg has 100 more books for us to buy and/or sell. If we all commit to taking four books or paying for the same number, we can fill our quota and sell at the doors of the store on March 1-3. The pre-sale days are an additional opportunity to raise funds for the chapter. So the board is encouraging everyone to help Marge meet our quota before the end of February. We also need volunteers to work at the doors during the sale. The time frame is tight because our February meeting is the only one before the sale. *Remember that all of the proceeds from the books stay here in Ely*, and that means we can help some deserving students attain their educational goals.

Our January program featured the book/movie, *Hidden Figures*. It was a lively and wide-ranging discussion. If you have not had an opportunity to see the film, I highly recommend it. History is often hidden from us until someone uncovers an amazing story. In the last three years, we have learned about other "hidden figures" including Frances Perkins and Rosalind Franklin. Perhaps in 2019 we will be able to pull back the curtain on other women who have helped us in the continual struggle for equity.

The March program will get us moving. We are going to learn



AAUW Ely Branch is pleased to announce this year's NCCWSL scholar, Alex Hilterbrand. Ms. Hilterbrand is extremely excited to be able to attend the 2018 conference and hopes to gain new knowledge of how to be an effective leader as well as a positive role model, to draw inspiration from fierce and trailblazing women, and to learn skills that will transcend into every other facet of her life. Her own personal leadership style is that which encompasses the life philosophy of *sisu*, the Finnish concept of determination, grit, resilience, and acting rationally in the face of adversity. In her essay on leadership, she explains how *sisu* has been essential for her personal growth and the driving force that continues to build her confidence, fuels her passions, and strengthen her character.

In Alex's words

My name is Alex Hilterbrand, and currently I am a second year student at Vermilion Community College. I study Wilderness and Park Management and I'm working on my backcountry guiding certification as well. Once I graduate from VCC this May I intend to finish my four year degree in Wilderness Management and Recreation Programming at Bemidji State University. It is my dream to someday work as an interpretive park ranger for the National Park Service, or as a naturalist in one of Minnesota's 66 state parks. I'm passionate about the northwoods and also my studies, and it is my hope that I can someday inspire the next generation of wilderness stewards through outdoor education and programming.

some of the poses and movements of Tai Chi. I am really looking forward to it.

I hope to see all of you in March. If you need a ride, let me know (365-5727), and I will find a way to get you to the meeting.

Upcoming Events

**Ely Branch Meeting and Program
Tuesday, February 13, 6:45 p.m. Social, Meeting and
Program 7:00 p.m.
VCC, CL 124**

**"Tai Ji Quan – Moving for Better Balance", Chris
Fredrickson, Candy Schindele**



Tai Chi originated in China about 800 years ago. It is a form of exercise that uses gentle movements combined with proper breathing for overall body conditioning. The movements come together into forms which imitate nature, animals, and everyday activities. Tai Chi is safe and relaxing. Practicing regularly will improve your health, balance, and coordination.

Regular practice also brings a sense of well being.

Herberger's Community Days



COMMUNITYDAYS
Thursday, March 1 – Saturday

**VCC SCHOLARSHIP ~ STEM EVENT ~ STEM CAMP ~
NCCWSL ~ EQUITY PAY DAY**

**SPRING HERBERGER'S BOOKLET SALES
THE EVENT IS THURSDAY - SATURDAY, MARCH 1,2,3**

Our spring sale is underway. The booklets continue to be \$5 each and we MUST sell 100 or more to be considered to sell on the sale days. Sales of booklets are recorded weekly, and we need to meet or exceed the 100 booklets prior to February 20th.

Submitted by Annette Horvat

AAUW Mission: AAUW Advances equity for women and girls through advocacy, education, philanthropy, and research.

Value Promise: By joining AAUW, we belong to a community that breaks through educational and economic barriers to that all women have a fair chance.

How many booklets would you be willing to purchase? Let **Marge** know. **218-235-3851**. tlmarge@yahoo.com
PO Box 145, Ely, MN 55731.

Booklets can be picked up at the February meeting or Marge will get them to you.

Can you help sell booklets at pre-sale and/or sale days? Sign up by letting Marge know.

Wednesday, February 14, 10 a.m. - 12 noon

Friday, February 16, 10 a.m. - 12 noon

Saturday, February 17, 10 a.m. - 12 noon

March 1st

March 2nd

March 3rd

We had a successful Fall sale. Let's keep building our scholarship fund! Thank you.

**VCC SCHOLARSHIP ~ STEM EVENT ~ STEM CAMP
~ NCCWSL ~ EQUITY PAY DAY**

Equal Pay Committee Meeting

Wednesday, February 7, 1:15 p.m., Grand Ely Lodge

STEM Committee Meeting

Wednesday, February 21, Noon, Insula

Dates to Remember

Tuesday, March 13, 2018

Ely Branch Meeting - Title IX – Moving for Better Balance,
Judy Klun and Lucy Diesslin,
VCC, CL 124

Tuesday, April 10, 2018

Equal Pay Day Unhappy Hour at Northern Grounds

Ely Branch Meeting – Annual Meeting (Election of Officers and Budget Approval)
VCC, CL 124

April 27-28, 2018

AAUW MN State Convention
Faribault, MN

Monday, May 7, 2018 (Monday)

Ely Branch Program and Dinner
Donna Kari and Ely Speech Team
Grand Ely Lodge



Teresa K Sagen
AAUW Ely MN Branch Northwoods News Editor
13667 Deer Rd
Ely, MN 55731
<http://aauw-mn.aauw.net/branches/ely/>

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